

# Suffolk Care Collaborative Substance Abuse Prevention and Identification Initiative

## 4a.ii. Prevent Substance Abuse and other Mental Emotional Behavioral Disorders

### Project Charter

Through DSRIP, a grant waiver administered by the NYS DOH, \$6.42 Billion Medicaid dollars were allocated to fundamentally restructure the health care delivery system to transition care delivery from a largely inpatient-focused system to a community-facing system that addresses both medical needs and social determinants of health. DSRIP is a 5-year, performance payment-based program with primary goal of reducing avoidable hospital use by 25% over 5 years. At the end of program life, the aim is for the newly-transformed system to be sustainable. Program efforts are focused on achieving improved overall health through integration of behavioral health and primary care, provision of appropriate levels of care management, and care delivery models designed to improve chronic disease prevention and outcomes.

#### **Objective Statement:**

This project will help to prevent substance abuse and other mental emotional disorders through increased identification of substance use and misuse in Suffolk County residents.

#### **High Level Deliverables:**

This project addresses three sector projects to Prevent Substance Abuse and other Mental Emotional Behavioral Disorders:

*Implementation of SBIRT (Screening, Brief Intervention, Referral to Treatment) Protocol in Suffolk County Hospital Emergency Departments*

Identify both hazardous and harmful alcohol and other drug use and possible dependence

*Underage Drinking Prevention Project*

The Prevention Resource Center (PRC) will expand and partner with the Bellport Boys and Girls Club to address underage drinking and drug use by adding a substance abuse Prevention Specialist to work in the Bellport area on a full time basis. The goal of this initiative is to support, leverage and supplement existing resources to increase the capacity of the community to address and ameliorate the negative social and environmental conditions which expose the youth to risk related to widespread and accepted drug use patterns.

*Smoking Cessation*

Implementation of tobacco cessation practices and tobacco free policy implementation among establishment of policies and support for smoke-free initiatives in OMH licensed programs

## **Benefits:**

### *SBIRT*

- Creation of a professional, helping atmosphere in Suffolk County hospital emergency departments
- SBIRT Screening relies on what the patient/client tells you about themselves, not your assumptions

### *Underage Drinking Prevention Project*

- Prevent underage drinking among youth in high need area.

### *Smoking Cessation*

- Encourage smoking cessation among the SMI population by providing tobacco cessation medical assistance and a smoke free environment.

## **Constraints:**

- SBIRT project relies on patients' willingness to share information about substance use and pursue referral when one is made
- Workflow and workforce constraints are an issue for hospital partners
- Underage Drinking relies on relationship contract with vendor (PRC) to carry out and oversee project deliverables
- Workflow / workforce issues with implementing SBIRT protocol
- Lack of capacity in community to accept referrals
- OMH does not require their sites to be tobacco-free making buy-in from the sites a risk

## **Success Criteria:**

Suffolk County Hospital Emergency Departments have implemented SBIRT protocols to identify residents at high risk for substance misuse and abuse. Patients are connected to and engaged in community based support to address substance use/abuse.

Tobacco-free regulations and evidence based smoking cessation practices participating Office of Mental Health (OMH) facilities have been implemented.

Prevention Resource Center has implemented Underage Drinking Prevention Project to reduce underage drinking among Suffolk County youth following the National Strategic Prevention Planning Framework by adding a substance abuse Prevention Specialist to work in the Bellport area.

**Stakeholder Analysis:** The project workgroups and committees for this project include over 25 PPS members representing all Suffolk County Hospitals, the OASAS provider community, local OMH facilities, the Prevention Resource Center, the county health department and other content experts who can contribute to the design and implementation of the each model within the project.



## **Target Populations**

**SBIRT:** Includes all Suffolk County residents over age 13 utilizing hospital EDs including those who are admitted.

**Underage Drinking Prevention Project:** Includes All Suffolk County residents under the age of 21 who live in the greater Bellport region which includes Bellport, North Bellport, parts of East Patchogue, Medford and Yaphank, along with Native Americans from the Shinnecock Nation. The area is known to the Suffolk Youth Bureau as 'high need'; with the highest numbers of reported cases of Child Abuse/Maltreatment, juvenile offenses, juvenile delinquents and Persons In Need of Supervision on Probation.

**Tobacco Cessation:** Includes all Suffolk County residents who utilize the participating OMH programs where policies and cessation intervention options will be established.

## **Closeout Criteria:**

- Close out will be managed during the monitoring phase of the project lifecycle and is tentatively scheduled for period ending March of 2020
- Evaluate and ensure all Archive Data and final project records/documents are filed in a secure location and appropriate to demonstrate achievement of DSRIP metric/project commitments within Domain 1 - 4
- Archive all project data in a central repository. Include best practices, lessons learned, and any other relevant project documentation.
- Verifying acceptance of final project deliverables/ data sources by the NYS DOH
- Completion of the post-project assessment and lessons learned
- Completion of post-project review and evaluation

## **Project Strategy:**

- Engage key stakeholders from Hospitals, OASAS provider community, OMH facilities, other content experts and PRC to assist in planning project
- Develop learning collaborative to provide forum to share best practices and implementation criteria for SBIRT
- Provide partners with training in SBIRT, prevention science and tobacco cessation practices